## [WHITEHALL CLINIC]

## Men's Health

Live a happier and healthier life

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## Our men's health clinic

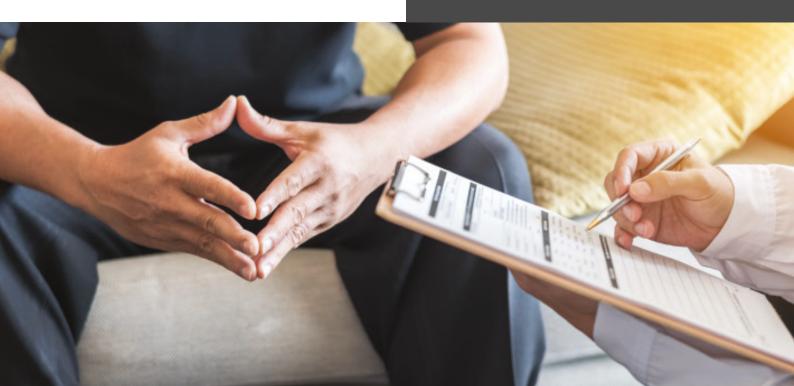
Our Consultant Urologist, Mr. Omer Baldo, diagnoses and treats all common urological conditions and is a recognised expert in the andropause, erectile dysfunction (impotence) and prostate management.

By using the latest evidence, investigations and treatments, Mr. Baldo transforms the way men's health problems are managed. His personalised, empathetic and holistic approach to these common problems affecting men of all ages is supported by his ground-breaking research into the connections between erectile dysfunction and cardiovascular health which enables comprehensive management of his patients' needs. Mr. Omer Baldo Consultant urologist MBBS, MRCS, FRCS, FRCS(Urol)

Mr. Baldo is a Consultant Urologist with a special interest in Andrology. As the Clinical Lead for Men's Health,



Mr. Baldo is a recognised expert in the management of all aspects of urology, specialising in the andropause, erectile dysfunction and prostate health.



# Symptoms you may be experiencing

- Reduced or lack of libido and poor sexual performance
- Fatigue and decreased energy levels
- Weight gain, especially around your midsection
- Loss of muscle mass and reduced stamina
- Depression, anxiety and irritability
- Prostate symptoms/urination symptoms

### Men's health conditions we specialise in treating

#### Erectile dysfunction

Erectile dysfunction, also known as impotence, refers to the inability to maintain an erection during sexual intercourse. This may be because of underlying mood disorders or low testosterone.

#### **Symptoms**

- Difficulty getting an erection
- Difficulty maintaining an erection
- Low sex drive

#### The andropause

Also known as the male menopause, andropause is a condition that affects male hormone levels and can occur in men from their 30's onwards. As you get older, testosterone decreases and affects the body in a number of ways.

#### **Symptoms**

- Fatigue and decreased energy
- Loss of muscle and stamina
- Loss of libido

#### Prostate health

A crucial part of the male reproductive system, the prostate is located just below the bladder and in front of the rectum. Conditions that affect the area include prostate cancer, inflammation and benign prostate enlargement.

#### **Symptoms**

- Urinary issues
- Pain in the pelvic area
- Blood in semen and urine

## SERVICES/TREATMENTS



#### Covid-19 testing

Private Corporate & Individual Covid-19 Testing available 7 days a week.



#### Private & Corporate GP services

7-day access for individuals and organisations to our trusted GP team.



#### Health screening & cardiology clinic

Preventative health screening assisted with the latest technology, to help you understand your current health and make change.



#### WeightWise

The complete personalised medical weight management programme.



#### Dermatology & minor skin surgery

For all things skin led by our expert Consultant Dermatologist & Plastic Surgeon.



### Musculoskeletal injection clinic

Consultant Radiologist ultrasound guided injections.



#### Women's health

Our comprehensive approach to women's Health is led by Mr. Soum Nallepeta.

#### Urology & men's health

Consultant Urologist led Andropause, erectile dysfunction and prostate health management.



#### Psychology

We believe that psychological wellbeing is just as important as physical wellness.



#### Private blood tests

Quick and easy extensive laboratory blood tests available.



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